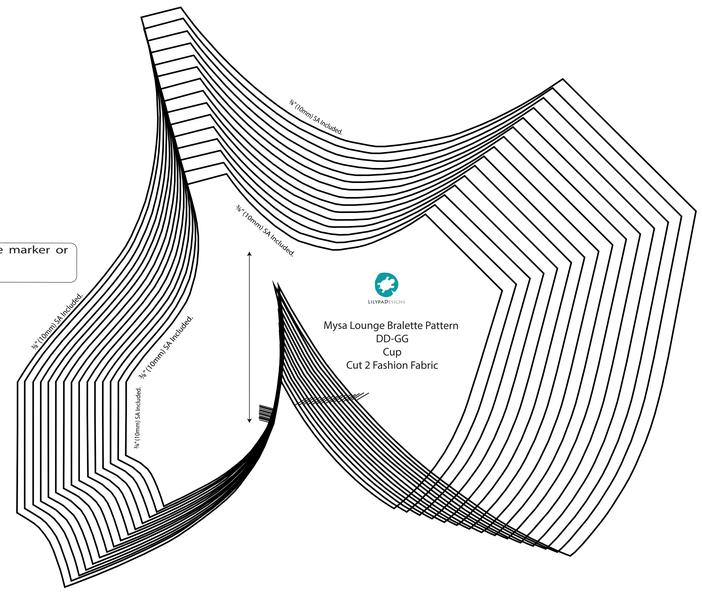
START HERE.
1. Select your Cup Size based on your HH measurement
2. Select your Band based on your Cup size then underbust measurement.
Check out our blog for more info on bra fit and alterations.
www.lilypadesigns.com/blog

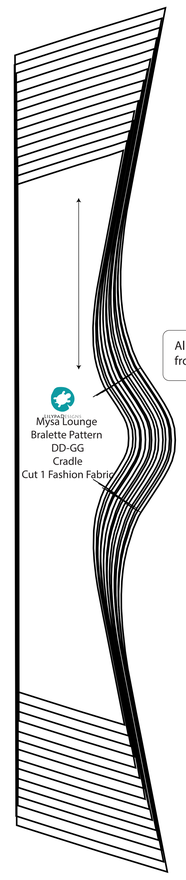
For BEGINNERS, we recommend using the HH size WITHOUT any optional steps and pin/clip the cups to fit at the muslin stage instead of grading. Grading instructions are on the blog and FB Group.

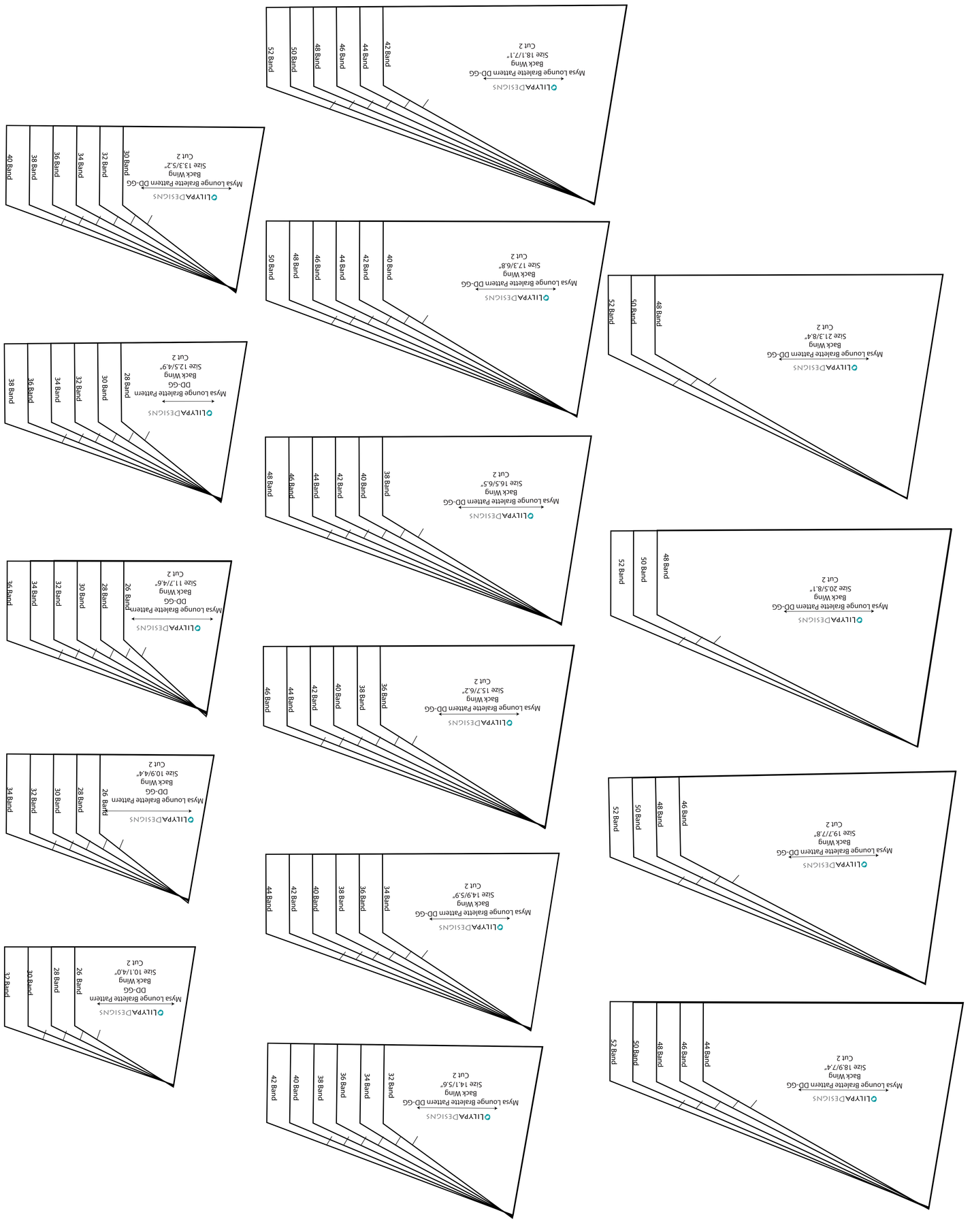
Additional Fitting Resources available:
https://www.lilypadesigns.com/beginners-guide
https://www.lilypadesigns.com/sizing-suggestion
https://www.lilypadesigns.com/blog/mysa-lounge-bcd-alteration

Label the Center Front (CF) with a washable marker or masking tape to make orientation easier



Be sure to mark the point of the dart of the SEW LINE. Begin tapering off fabric well before the point.



Align this notch with the dart seam from the cup and secure with a pin.

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